2018 AGENDA

Detroit PAL School Track April 11, 2018

Location: Boysville Gym 6845 Wagner @6:30 pm

- Coaches Training and Badges
 - o Must call 313 833 1600 to schedule classes
 - Only coaches with badges allowed on the infield.
- Registration and Fees
 - Team registration fee \$150 due May 3. The team fee will be deducted from your final invoice.
 - Registration fee is \$25 per kid, billing is calculated based on your championship roster.
 - Every kid participating in any meet must have a completed registration form.
 - Registration forms shall be brought to the 1st meet and turned in at the front gate.
- Meet Schedule
 - Meet location Renaissance High School 6565
 Outer Drive (We may have a date that the location will be moved due to a conflict).
 - o Gates open at 9:00 meet starts at 10:00.
 - Championship gates open at 8:00 meet starts at 9:00.
 - Please notify your parents there is a admission charge \$2 Adults \$1 Kids (14 and below) Free 5 and below
 - Schedule-

Saturday May 5
Saturday May 12
Sunday May 20
Saturday May 26
Sunday June 2 Championship

Events

Week 1-3 Week 2-4

o 100m 100m

o 200m 200m

400 m 4x100 (4x100 wks 2/3, 4x400

wks 3/4)

o 800m 4x800

o 1600m 3200m

○ Long Jump Shot Put (each wk)

Age Groups

- o 1st-2nd 100m, 200m, 400m, 4x100, SP, LJ
- o 3RD-4TH 100M, 200M, 400M, 800M,1600M,

4X1,4X4,SP,LJ

5TH-8TH 100M, 200M, 400M, 800M, 1600M,

3200M, 4X1, 4X4, 4X8, SP, LJ,

Championship

- Fully automatic timing for championship
- o Athletes events must be declared on

CoachO.com

- Coach O training meeting TBA
- Awards

o Medals 1st,2nd,3rd Ribbons 4th, 5th,6th, 7th, 8th

School Trophies Elementary 1st-4th boys/girls

Middle School 5th-8th

boys/girls