



## 2020 BOYS BASKETBALL RULES (SCHOOL)

### ELIGIBLE PLAYERS

1. No player can participate in a Detroit PAL sponsored game without having a completed registration form filled out (by the parent) online thru SSUP. Birth certificates and pictures should be uploaded on the site as well.
2. A team forfeits a game when an ineligible player participates (if a team is found to have had an illegal player on their team, they will forfeit all games that the illegal player participated in). It is the coaches (school's) responsibility to ensure the validity of their age and grade.
3. There shall not be any additions to a team roster after the 4<sup>th</sup> game of the season. **Exception: A player who transfers to the school may be added up to the 5<sup>th</sup> game for Motor, 6<sup>th</sup> for game for JV, and 7<sup>th</sup> game for Varsity. A team must provide paperwork showing this is a new student to the school. Roster size is unlimited.**
4. A player participating on a school team must be a current student at that school.
5. Players may play up (5<sup>th</sup> or 6<sup>th</sup> grader may participate in the Varsity Division); however, players may not play down (7<sup>th</sup> or 8<sup>th</sup> graders may not participate in the Junior Varsity Division)
6. **Players cannot play on two different teams in the Detroit PAL school league.**
7. Varsity (8<sup>th</sup> grade & under) players are ineligible if they turned 15 before September 1, 2019.  
Junior Varsity (6<sup>th</sup> grade & under) players are ineligible if they turned 13 before September 1, 2019.  
Motor (5<sup>th</sup> grade & under) players are ineligible if they turned 12 before September 1, 2019.
8. It is highly recommended, but not mandatory that all players play in every league game.
9. If a child is academically promoted during the season, they are to remain on the team they began with.

### EQUIPMENT

1. All players must wear team uniforms (same color). Jerseys must be tucked into shorts.
2. It is mandatory that all players wear the same color undershirt. No undershirt is also acceptable.
3. All jewelry must be removed before each game. A technical foul will result if this rule is violated. This includes rubber bands, beads, etc.
4. All players are highly encouraged to wear mouth guards.

5. Ball Size
  - Varsity Division 29.5"
  - JV Division 29.5"
  - Motor Division 28.5"

## TIME

1. Each half will be 16 minutes in length. The clock shall run continuously with the exception of time-outs, official time-outs, and technical fouls until the final 2 minutes of **each** half. Within 2 minutes, the clock will stop with every stoppage of play regardless of the score. The clock does not stop on a made basket.
2. Overtime periods shall be 3 minutes in length. The clock will stop with every stoppage of play within 1 minute left in the overtime period. Each team shall receive 1 additional timeout per overtime.
3. There will be a 7-minute intermission at halftime. If both teams have cheerleaders, there will be a 10 minute halftime. If only one team has cheerleaders, there will be an 8 ½ minute halftime. Each cheer team can cheer a maximum of 1 ½ minutes.

## RULES OF PLAY

1. Each team must have 5 players to begin a game. A team forfeits a game if it lacks the minimum number of players 15 minutes after its scheduled game time (unless stated otherwise by the commissioner by the league).
2. Each team must play 5 players at all times, unless a teams' eligible players are reduced due to injury or fouls, in which case the team may continue playing with 4 players. No team can continue with less than 4 players under any circumstance.
3. Full-court pressing is NOT allowed in the Motor Division until there is 3 minutes left (each half) (**NEW FOR 2020**)...they may begin pressing at half court. **This rule can be waived if BOTH teams agree to it BEFORE tipoff (NEW for 2017)**. Teams are allowed to full court press in the Varsity and JV Divisions. Teams in all divisions must take off the full court press if leading by 20 or more points.
4. Each team is allowed 2 full timeouts (60 seconds) and 1 30-second timeout per half. Timeouts do NOT carryover to the second half or any overtimes. Teams will receive one timeout for each overtime.
5. Teams may make substitutions only after the referee stops play and signals the player to enter. Players must report to the scorer's table before entering the game.
6. Official score will be kept at the scorer's table. Each team is also responsible for keeping their own score to ensure uniformity with the official scorekeepers. Adults at the scorers table should have their cell phones turned off or put on silent. Coaches or AD's should take away a student's cell phone while he/she is working at the scorers table.
7. A player shall be disqualified from the game once he is charged with his 5<sup>th</sup> foul (they can play in the next game).
8. **If a player receives 2 technical fouls in a game, he will be ejected. In addition, he is also disqualified from the next game (this includes playoffs).**

9. Shooting fouls result in 2 free throws.
10. Once a team has accumulated 7 team fouls, the opposing team will shoot a 1-and-1 free throw bonus (unless it's a shooting foul). On the 10<sup>th</sup> team foul and each foul thereafter, each foul will result in 2 free throw attempts.
11. ALL technical fouls will result in 2 free throws and possession of the ball. Technical fouls committed by players will result in a personal foul as well as a team foul.
- 12. At the free throw line, players can go for the rebound on the release...it has been when it hits the rim in previous years. (NEW for 2015)**

### **STANDINGS, SCHEDULES, AND POST-SEASON PLAY**

1. Team standings will be determined by win/loss record. In the event of a tie between any positions, the tie will be decided in the following manner:
  - Head to Head Competition
  - Fewest Points allowed
  - Coin flip

### **SPORTSMANSHIP**

1. Fighting is prohibited. Any violation of this rule will result in a technical foul and the offending player(s) shall be removed from the game without warning. If a player is removed for fighting, they will not be permitted to participate in the next league game. Any player removed from 2 games for fighting shall be disqualified from the league.
2. Profanity is prohibited. The first violation shall result in a warning to the offending team. A subsequent violation for any person or coach on that team shall result in a 2-shot technical foul.
3. Coaches and players from each team must shake hands after every game. **NO EXCEPTIONS!** If a player refuses to shake hands after the game, he will be suspended for the next scheduled game. If it happens a second time, he will be disqualified from the league.
4. Teams must clean up their bench area before leaving the gym!

### **GENERAL**

1. Every coach must wear their Detroit PAL credential (badge) to every game (including All-Star games and special events). If a coach does not have their credential properly displayed but it's confirmed that he/she did in fact take an IMPACT class, that coach will receive a technical foul before tip-off. This means that coach must sit for the entire game. In addition, the opposing team will receive 3 points (Motor); 5 points (JV); 7 points (Varsity) and possession of the ball. If a coach has no badge and has no proof that he/she took an IMPACT class, the game will be forfeited. If a coach has 3 similar infractions, they may be expelled from the league.
2. If a basketball or league rule is not listed above, Detroit PAL uses MHSAA rules as a back up.
3. The commissioner makes the final determination regarding interpretation of rules.